Acting Out Cycle Scenario:

Bubba is a third grade student. After lunch recess, as soon as the teacher asks students to begin the first task (math), Bubba begins shouting, laughing, and engaging other students in disruptive play. The teacher spends a considerable amount of time trying to get him settled and get class started. When the teacher pressures Bubba to settle down and get started, he frequently begins making loud statements about how the teacher always picks on him. The teacher frequently isolates him when he begins to make these statements. At times, he then throws things from the isolation area. When peers and the teacher ignore the thrown items, he has turned over the desk or tantrumed on the floor of the isolation area. When this happens, the counselor is called and removes him from the room. The counselor then spends time with him discussing the situation.

Identify the phases and possible strategies which could be used at each phase:

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| **Phase** |  **Student Behavior** | **Adult Actions/Strategies** |
| **Calm** |  | . |
| **Triggers** |  |  |
| **Agitation** |  |  |
| **Accelera-****tion** |  |  |
| **Peak** |  |  |
| **De-Escala- tion** |  |  |
| **Recovery** |  |  |